

FRATICELLI'S

ITALIAN GRILL & BAR

LUNCH

Appetizers ~ Antipasti

BRUSCHETTA CLASSICA

roma tomatoes, garlic, basil, extra virgin olive oil and shaved parmigiana reggiano 10

BRUSCHETTA GOAT CHEESE

roma tomatoes, garlic, basil, extra virgin olive oil, crumbled goat cheese, balsamic glaze, fried parsley 11

MEATBALLS AL FORNO

homemade Fraticelli's meatballs (pork & beef) covered in pomodoro sauce and melted mozzarella, provolone and fruilano cheese, side crostini 10

MUSSELS fresh PEI mussels in tomato cream or white garlic sauce, garnish with diced tomatoes, scallions, side crostini 13

ARANCINI FORMAGGIO

crispy cheese risotto balls, pomodoro sauce, lemon chili basil aioli, baby arugula 10

FRITTO CALAMARI lightly dusted crispy fried calamari, crispy zucchini ribbons, grilled lemon, lemon basil aioli dip 15

CALAMARI alla GRIGLIA

grilled calamari served with sautéed red and yellow peppers, diced tomatoes, red onion, olives, balsamic glaze, lemon white wine butter sauce 15

ANTIPASTI BOARD

Piccolo 12, Grande 22

Soup ~ Zuppa

MINISTRONE SOUP a medley of market vegetables, pancetta bacon, pesto crostini 6

ZUPPA del GIORNO please ask your server for details 6

Sides

Meatballs 5

Parmesan Frites 4

Eggplant Parmigiana Frites 4

Seasonal Vegetables 5

Mushrooms 5

Salad ~ Insalata

INSALATA VERDE fresh mixed lettuces, grape tomato, cucumber, carrot, onions, house vinaigrette *Piccolo 6, Grande 10*

CAESAR romaine lettuce, roasted garlic dressing, herb croutons, crispy pancetta bacon, parmigiana reggiano, lemon *Piccolo 7, Grande 11*

CAPRESE Italian buffalo mozzarella, hot house tomato slices, arugula, basil, olives, extra virgin olive oil, balsamic reduction 14

ARUGULA INSALATA baby arugula, spinach, red peppers, seedless grapes, parmesan vinaigrette, crispy prosciutto, par boiled egg, fresh grated parmesan 14

BEET AND TOMATO oven-roasted beets, hot house tomatoes, goat cheese, pine nuts, arugula, lemon poppy seed dressing, extra virgin olive oil 13

Add the following to any of our Salads or Entrées: grilled chicken 6, grilled steak 7, pan-seared salmon 7, garlic sautéed shrimp 6, crispy prosciutto 2, pancetta bacon 2, crumbled gorgonzola 2

Pasta ~ Primi

SPAGHETTI CARBONARA fresh spaghetti, double smoked bacon, caramelized onion, egg, grated romano cheese, parsley 18

FETTUCCINI ALFREDO fettuccini noodles, alfredo cream sauce, grated romano cheese, parsley 17
Mushroom 18, Chicken 19, Shrimp 21

SPAGHETTI del PESCATORE fresh spaghetti, mussels, calamari, sliced tiger shrimp, spicy pomodoro white wine sauce 22

PENNE ARRABBIATA penne noodles, spicy tomato arrabbiata sauce, garlic, capers, olives 17
Chicken 19, Shrimp 21

GNOCCHI QUATTRO CHEESE fresh gnocchi, pan seared, creamy four cheese sauce, roasted grape tomato, grated romano cheese 18

PAPPARDELLE alla BOLOGNESE fresh wide egg noodles, slow cooked homemade meat sauce, grated romano cheese, fresh basil 19

SPAGHETTI AND MEATBALLS fresh spaghetti, homemade pomodoro sauce, grated romano cheese, Fraticelli's meatballs, fresh basil 18

PRIMAVERA fresh linguini, sautéed with extra virgin olive oil, garlic, red and yellow peppers, red onion, grape tomato, basil pesto, lemon juice, baby arugula, grated parmesan 17

Gluten free pasta is available

Sandwich and Burger

PARMIGIANA SANDWICH

Italian breadcrumbs, pomodoro sauce, Fraticelli's cheese blend, sautéed peppers, onions and mushrooms, fresh Kaiser bun *Eggplant 17, Chicken 18, Veal 20*

PESTO CHICKEN PANINI

grilled chicken breast, fresh ciabatta bread, basil pesto, parmesan parsley aioli, herb oil, pickled roasted red pepper, provolone cheese, baby arugula 16

STEAK PANINI (open face)

fresh ciabatta bread, herb oil, baby arugula, parmesan aioli, portobello mushrooms, provolone cheese, sirloin steak, balsamic glaze, crispy onions, fried egg 19

FRATICELLI'S BURGER

fresh ground chuck grilled to medium well, double smoked bacon, sautéed onion, baby arugula, tomato relish, parmesan aioli, crispy onions 16

All Sandwiches and Burger are served with choice of: Insalata Verde, Caesar Salad, Minestrone Soup or Parmesan Frites

Entrées

PARMIGIANA Italian breadcrumbs, topped with pomodoro sauce, melted Fraticelli's cheese blend, spaghetti aglio e olio *Eggplant 18, Chicken 21, Veal 24*

PICATTA pan seared in lemon herb wine butter sauce, crispy capers, mushroom medley, linguini aglio e olio, parsley *Chicken 23, Veal 26*

EGGPLANT LASAGNA layers of crispy parmigiana eggplant, pomodoro sauce, garlic ricotta spinach, melted Frats cheese blend 18

BOLOGNESE LASAGNA homemade layers of lasagna noodles, bolognese sauce and alfredo sauce, romano, parmigiana and ricotta cheeses, topped with pomodoro sauce and melted Frats cheese blend *Piccolo 14, Grande 19*

LUNCH TOP SIRLOIN an 8oz top sirloin grilled to order, *choice of Verde Salad, Caesar Salad, Minestrone Soup or Parmesan Frites* 26

LUNCH SALMON ala LIMONE pan seared fresh Atlantic salmon, crispy skin, lemon honey white wine brown butter sauce, *choice of Verde Salad, Caesar Salad, Minestrone Soup or Parmesan Frites* 26

TILAPIA and RISOTTO pan seared Tilapia, mushroom risotto, garnished with arugula pesto, grilled lemon slices, micro greens, extra virgin olive oil 25

Please inform your server of any allergies prior to ordering
Group Dining Menus are available ~ please ask for a Manager